The Bread of Life (Ex. 16:1-12)

I heard the news that the pandemic is getting worse so of course we must be very careful but also we must live by faith. It is because God is almighty and knows all things. Today's message is very important. It is the bread of life. In the book of John it says that those who eat the bread of life will live. It's not that they only live eternally in heaven but even on earth they will live eternally. Christ is the living bread that has come from heaven and He is your bread of life. That is why we must be thankful because we possess the bread of life. It must also be the bread of life that saves many. In Exodus 16 in the latter half it says that we must be able to keep and store the manna. It means that we must be able to explain to the posterity for they must know exactly what it is. That is why we must be able to accurately relay the gospel that is living even now to the posterity. Especially for the adults and business people may you be able to hold to this as your word and covenant. All the things unseen or seen to the eyes have been made by God. Of course, spirit is unseen to the eyes however it is God who created it not man. There are things in the world that are visible to the eyes and physical, however it does not belong to you. When you have the idea to construct a house you must first be able to design and plan it out. Also, according to the design and draft the house is built. Surely enough, for God himself when He created His own things. He had His own plans. God has His specific plan for each and every creation He has made. Many people fall into a misunderstanding that is done by their own zeal and effort but it is not. It is unimaginable for man to do it for God has created all things for them. Yet, God has done all things. It is recorded in the Bible and in many people's testimonies. It is recorded in the Bible that God knew Moses' name that's why God says I know you by name. God directly called Samuel because God knew him by His name. There are many testimonies that say that God called them by their name. Many people also testify that they have seen their name written in the book of life. You must not ignore it but believe in it because their name will be recorded in the book of life. There are those who face their own death but yet God tells them to return back to their soul because it is not God's time schedule for them to enter into Heaven. When we take a look at our own personal life and the testimony of others we are able to see that is all by His plan. He does it by His plan and from the onset He had a plan that's why He goes according to it. There is not a single biblical figure that said that it has been done according to their own will. They were all within God's perfect guidance. When you think of your future there are many important answers that come to mind. First of all, you should never worry because it is all done by His plan. God is

almighty and His plan is unchanging. That is why you should never worry about it all according to His plan. It is one of the many conclusions of the Bible that you must simply follow after God. You wanna do it according to your own desire that is why there are conflicts between your relationship with God. Of course it can never be done by your own efforts that is why first and foremost that is incorrect. Of course your effort and zeal must never be your top priority. But rather you should put in the effort to come to figure out and know God's will. You must put in the effort to examine yourself and to change yourself. First and foremost you must be able to enjoy the mystery of Christ that will bind the work of satan. That is when you must be able to wait for God's plan for that is when His plan will be fulfilled. What is very important is the fact that everything is done by God's plan that is why it is very important for you to follow after it. What is the way and mystery to follow after God's plan that is the most effective and accurate way. It is to hold onto Christ as your covenant. Your spiritual eyes must be open to the extent that even if you make a mistake you will not fall but yet you are able to enjoy and have complete victory as all the forces of darkness are bound. When you continue to enjoy Christ God will open up the path and door for you to receive complete guidance of the Holy Spirit. Last weeks message was titled the spiritual eyes but how can your spiritual eyes be open? Your spiritual eyes will be open when you enjoy the gospel. How can you go in the depths of your spiritual eyes to be open. When you deeply enjoy the gospel that is when your spiritual eyes will open even more. It is the same even now, what is the most effective way for you to follow after God's plan? May the blessing be upon you for Christ to be your covenant.

1. The Bread of Life

Today's passage is of the time when the Israelites allowed the Exodus to take place upon them. This was at least two months after it took place. Of course they took all their dough and flour to eat but they finished it all. So after they ate it all there was nothing left for them to eat so they began to grumble at Moses. Think about it we already know what has taken place in the passage but yet for them God allowed the bread to come from heaven above. Of course it is a miracle because the moment they wake up there is bread that has come from above. What kind of nation was able to experience this? It is such an outstanding miracle. In verse 4 it says, "Then the Lord said to Moses, "Behold, I am about to rain bread from heaven for you, and the people shall go out and gather a day, that I may test them, whether they will walk in my law or not." Just imagine that there is bread prepared for them to eat the money they are awake. There is no need for them to worry because the moment they wake up there is food for them to eat. If they are worried it is because they have selfish greed. When

God says if you wake up there is bread for you to eat so what is there to worry about. But yet through this God delivers His important message to them. The first message He gives to them is that you are the people of the covenant even if you are in the wilderness you will never die. In the wilderness there is nothing for them to eat, it is just the dessert that is full of stone. Of course they were unable to farm. It would be possible for them to farm but yet there was no water that existed there. But yet there was the bread from heaven that came to them. That is outstanding work. That is why God relays the message saying you think I will kill you. Do you think I will make you starve to death? That is not the reason I have brought you out of Egypt. God tells them you will not die for that reason there is no reason for them to even die. God says that there is bread that comes from heaven so no one can ever die. This is the very first message God gives through the example of manna that you will never die. It is because for the believers they are able to gain all things from heaven. It's not the believers that gain all things on earth yet they're able to gain all things from above. We live in flesh to which we are able to gain all things on earth and we are able to live by that. To be honest that is not from Earth it is from above that God has given to us. It means that it is from above which means that God has given it to us. Yet the manna and the bread itself did not only satisfy their hunger but yet it was a very important message God gave to them. Of course God relayed the very important message through Jesus in the book of John in chapter six. There was the spiritual interpretation regarding that. It says that His flesh himself is the bread of life, He is the manna. That is how God explained it. In John 6:48 Jesus says that He is the bread of life. Also in verse 51 it says, "I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. And the bread that I will give for the life of the world is my flesh." In the time of Passover they had to kill the lamb, burn the meat, and eat it. God says that you must be able to eat the unleaded bread. When they eat the bread and the meat that was how they were able to partake in Jesus Christ but now it is all done by faith. This is the reason why He has allowed them to live in the time of wilderness through the manna. God says that your eternal bread of life will be given to you from above. That is why every single day God rained the bread from heaven to them. God tells them that they must live by this. God says that they must live by the bread of life. During the time it was difficult for them to even find food for them to eat because in the desert there was only dirt and stone. For the children of God if God is not with them even if they live in this world there is nothing else left for them except for dirt and stone. They were able to survive and live with the bread that came from above. There was not a single soul that starved to death in the wilderness during the forty years. So may you carefully

think of it, meditate on the Word, and really apply it to yourself. For 40 years, inside the wilderness, there was no farm, yet they were able to gain all of the food from above. In that, God who was with them at the time is with us now, God who is living. So may you once again hold onto the covenant of Christ, the precious blood of Jesus Christ who is the bread of life. During the time, for the Israelites, even though it was very hot or there were only stones and rocks for them, it did not matter for them because God provided all things for them. This is the message that God gives to us today. God tells us to live like this and you will be able to live a spiritual life. He says that it is in the same situation as it has been in the past. And God says, "Are you seeking the game on the earth? That is incorrect, all things that you receive are from above. You must be able to look above for you will receive all things from above, not from the earth. Become the people of the covenant, holding to the covenant. Even if your life may be like the wilderness, I will watch over you and protect you. Do not worry but become the people of the covenant. I will be responsible for your life, believe in this and do not shake." So what must you do today? You must eat the bread of life. How can you eat the bread of life? Does this mean you must go through the wilderness just to eat the bread of life? You must eat the spiritual bread that God is giving to you even now. In the past of the temple, there was a bread of Presence. It was the bread of Presence placed before God. It was unleavened bread and had no taste whatsoever. And there were twelve breads of Presence that were placed before God because it signified the twelve tribes at that time. And every time on the Sabbath Day, the priest would change the bread. Because it signified the twelve tribes, it was the people of the Israelites. When the priest would give the bread of Presence to the Lord, the priests were the ones that ate it. Of course, the bread did not have any taste, there was a spiritual meaning behind it. The priest would eat this bread throughout the week. In Exodus 25:30, this is what it says, " And you shall set the bread of the Presence on the table before me regularly." God says that, "You must place the bread of Presence before me at all times. The bread of life must be placed before me at all times, for I will save the people." And it signifies that the people will live because of the bread of life before the Lord. This is God's message behind the manna. And that is why you must eat the bread of life even today. You must eat it everyday. And on that day, the Lord would pour down the bread every day so it was their daily bread. This bread does not only signify your salvation, but signifies the spiritual strength that God gives to you. You must be able to eat it so that you're able to gain spiritual strength. And that is why you must be able to eat the bread of life everyday. For the Israelites, when they held to the manna, they had no worry or concern. No matter how bad their condition may be, no matter how hot it may

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be, God poured the bread of heaven for them to eat, so there was no problem. This is the authority of those that hold to the manna. It does not matter what may take place or arise. It does not matter if the surroundings are full of rocks, sand, or heat. The covenant is Christ. That is why you must hold to Christ as your covenant. Regardless of your situation, as long as you believe and hold to Christ as your covenant, it will not matter. So may you hold onto Christ as your covenant once again. It's so easy for your thoughts to wander. So may you concentrate right now and may you sincerely hold to the covenant and confess it.

2. God Knows Everything

God knows all things for the creation that he has made. He even knows the smallest insect even now. God sent the worm to kill King Herod. And in Matthew 10:29, it says, "And not one of them will fall to the ground apart from your Father." And also in verse 30, it says, "But even the hairs of your head are all numbered." And also we've taken a look at Psalms 139:2, and it says, "You know when I sit down and when I rise up; you discern my thoughts from afar." It is impossible for mankind to ever know who God is. We may say that we know of God but if we quietly think of it, we don't completely know who God is. And that is why God says to simply believe in him. Without faith you can never receive salvation. But yet in the bible, it records that God knows everything about you. God knows who has participated in this worship. And of course myself, I try to write down all the names who have participated in this worship, but God himself, he knows who came to worship. God knows who came first to church and God knows the state as well as the thoughts even at this time. And God says that he even knows you by your name. And of course God knows Korean very well. And God can speak Korean fluently. Some of us may have a hard time speaking in English but yet God is fluent in English. And regarding the language of Spanish or even Japanese, he knows it all. And there are many examples that are recorded, even in today's scripture, that he knows everything. And Exodus 16:17-18, this is what it says, "They gathered, some more, some less." And of course because of their own greed, they may have gathered more than they needed to. And it says in verse 18, "But when they measured it with an omer, whoever gathered much had nothing left over, and whoever gathered little had no lack. Each of them gathered as much as he could eat." So how can they do that? And so for those who gathered at least three meters, when they came home it would shrink to two meters. And of course God knows it all, for those who gathered more, when they came home it became less. And that is why God modified it and adjusted to them. And it says, "Some left part of it till the morning, and it bred worms and stank." And God told them that you must be able to gather every single day, but rather they would gather as much as they can. And of course they gathered as much as they could and then they would leave it behind and save it. And of course it bred worms and it stank and they had no choice but to throw it away. And of course God already knew that it had no choice but to rot the next day, to which they will come to see it. And then it said in verse 23 that it was the Holy Sabbath, to which they went out to gather it. However even if it was the next day, it did not stink nor was there any worms. Of course the Lord knew what that day was, that day was the day of Sabbath, so God knows everything. And in verse 27, it says, "On the seventh day some of the people went out to gather, but they found none." And on the sixth day they would gather double the amount that they usually do, so that on the seventh day of the Sabbath day they would simply stay home and rest. So God knew what day it was. And it's truly outstanding and amazing. And God knows everything to the extent that in real time he would modify and change it for them. There are times that when you truly believe in God you're able to truly believe in the work that he would do, but at times you don't even have the thought or even the heart to believe in it. So God is not a God in which he sets this principle and he just simply disappears and vanishes. No, he is a God in which even in real time, he is able to modify it. So God knows everything. So if this is the truth what must you do? First and foremost, you must be able to believe in it. And secondly, you must be able to actually apply it to your life. And from there you will be able to know what you must do and what you must not do. It is because God knows all things. And also you will be able to discern what is important and what is in vain. So you don't have to think so much. It is because the conclusion has already been stated to you. So I hope throughout this week, the thought that God knows everything will never depart from you. So may you hold onto the covenant, along with the bread of life of Iesus Christ that God knows everything. I do believe that much healing will take place especially upon the fundamental root that is within you. God knows everything of the past and what is to come, so that is why you must be able to hold onto his word as the covenant. And with the personal covenant he has given to you you must always be in thanksgiving and give glory to God. May it be a week that you are earnest and sincere before God who knows everything. I do believe that in our life that is somewhat similar to the wilderness, God will continuously give you the bread of life that will become your covenant and spiritual manna. I bless you in the name of the Lord that you will hold onto the bread of life as your covenant before God.